



TOP TIER WELLNESS

PERSONALIZED CARE • LASTING RESULTS

MALE HORMONE OPTIMIZATION PROGRAM

Testosterone Replacement Therapy (TRT)

RESTORE ENERGY. BUILD STRENGTH. RECLAIM YOUR VITALITY.



DOES YOUR HORMONE HEALTH NEED ATTENTION?

Low testosterone can impact more than you think.



ENERGY & PERFORMANCE

- ✓ Fatigue or low energy
- ✓ Low motivation
- ✓ Decreased stamina
- ✓ Poor recovery
- ✓ Decreased muscle mass



MOOD & MENTAL HEALTH

- ✓ Irritability
- ✓ Low mood
- ✓ Difficulty concentrating
- ✓ Brain fog
- ✓ Decreased drive



HORMONAL & PHYSICAL CHANGES

- ✓ Low libido
- ✓ Erectile dysfunction
- ✓ Loss of body hair
- ✓ Increased body fat
- ✓ Hot flashes or sweats



OVERALL WELL-BEING

- ✓ Poor sleep
- ✓ Joint discomfort
- ✓ Weakened immunity
- ✓ Aging more quickly
- ✓ Not feeling like yourself



Hormonal changes can begin as early as your 30s. Low testosterone is common and treatable.

Our goal is to identify the root cause and help you feel like yourself again.

1 INITIAL HORMONE EVALUATION

\$275

ONE-TIME CONSULTATION

- ✓ Comprehensive medical consultation with Misty Ford, FNP-C
- ✓ Review of medical history and symptoms
- ✓ Comprehensive laboratory testing
- ✓ Personalized hormone evaluation
- ✓ Individualized treatment recommendations
- ✓ Follow-up appointment to discuss lab results and treatment plan
- ✓ Treatment plan created and supervised by Misty Ford, FNP-C



HORMONE OPTIMIZATION PROGRAMS

THREE-MONTH MINIMUM COMMITMENT REQUIRED

2 PACKAGE 1: TESTOSTERONE THERAPY

\$160/month

OFFICE PICKUP

+\$20/month
for Home Shipment

INCLUDES:

- ✓ 3 months of Testosterone at prescribed dose
- ✓ Supplies included: needles, syringes, alcohol wipes, sharps container (office pickup)
- ✓ Medication available for pickup or shipping
- ✓ 15-minute follow-up visit with Testosterone Liaison or NP
- ✓ Repeat lab work at 10-12 weeks
- ✓ Dose adjustments as medically indicated

3 PACKAGE 2: HCG THERAPY

\$200/month

INCLUDES:

- ✓ 3 months of HCG injections 2-3 times per week as prescribed
- ✓ 15-minute follow-up visit with Testosterone Liaison or NP
- ✓ Repeat lab work at 10-12 weeks
- ✓ Dose adjustments as medically indicated



4 PACKAGE 3: TESTOSTERONE + HCG THERAPY

\$260/month

INCLUDES:

- ✓ 3 months of Testosterone
- ✓ 3 months of HCG
- ✓ Designed to support testosterone production, fertility, libido, and overall hormone balance
- ✓ 15-minute follow-up visit with Testosterone Liaison or NP
- ✓ Repeat lab work at 10-12 weeks
- ✓ Dose adjustments as medically indicated



PEPTIDES & ADVANCED WELLNESS THERAPIES

Peptides are short chains of amino acids that support repair, recovery, performance, and overall wellness at the cellular level.



BPC-157

Supports healing of gut, tendons, ligaments and muscles. May reduce inflammation and promote recovery.



TB-500

Promotes tissue repair, reduces inflammation and supports flexibility, mobility and recovery.



IPAMORELIN & CJC-1295

Stimulates natural growth hormone release to increase energy, lean muscle, fat loss and recovery.



MELANOTAN II

Enhances natural tanning, supports skin health and may help reduce sun sensitivity.



GHK-CU

Supports skin rejuvenation, collagen production, wound healing and hair growth.



PT-141

Supports libido and sexual function in men. (Prescription required.)



NAD+

Supports cellular energy production, brain function, anti-aging and metabolism.



GLUTATHIONE

Powerful antioxidant that supports detoxification, immune function, skin health and anti-aging.

NON-PEPTIDE WELLNESS THERAPIES



À LA CARTE (NON-SUBSCRIPTION SERVICES)

If you choose non-subscription services, we can do à la carte for \$175 per visit plus \$50 review of labs if you choose to use your insurance somewhere else to obtain labs.

We can give you prescription to use with your insurance however I will not be liable for how much you have to pay for medication or labs when done through insurance carrier.



Communication via secure patient portal



Prompt follow-up and scheduling



Confidential, compassionate, and personalized care



Your health. Your goals. Our commitment.